

REGISTER FOR A TEAM TODAY!

Watch the website, or the Natatorium walls, or send us an email to receive news about registration dates. Although deadlines and dates will vary from season to season, registration usually occurs around the following months:

Summer Season Registration

April & May

Winter Season Registration

September, October & November

DISCOUNTS & SCHOLARSHIPS

ACWS encourages high school swimmers and divers to participate in the age group teams at a reduced registration rate!

ACWS has a limited amount of funds that can help interested swimmers and divers to defray registration costs in cases of financial need.

Register early for the best price on registrations!

ONLINE REGISTRATION

www.seaserpents.org

REGISTRATION NIGHT

dates for in-person registration will be posted on website and at the pool.

ACWS
Aquatic Club of the West Shore
C/O 117 Sunset View Drive
New Cumberland, PA 17070

THE AQUATIC CLUB Of the WEST SHORE

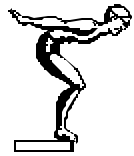


www.seaserpents.org

THE CLUB

The Aquatic Club of the West Shore is a private non-profit, parent run organization. ACWS has a 15-member Board of Directors and a Parent Organization of which all parents of registered athletes are members.

THE TEAMS & SEASONS



ACWS is home of the Sea Serpent Swimming and Diving Teams. Athletes range in ages (5-18) and mainly live in the West Shore School District. Level 3 swimming ability advised.

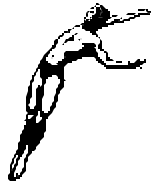
Summer & Winter Swim Seasons

In the summer, ACWS participates in CASL (Capital Area Swim League). In the winter, the team participates in CPAL (Central PA Aquatic League).

**"Racing is a matter of spirit,
not strength."**

Winter Diving Season

The ACWS Diving Team is active only during the winter season. The Diving Team participates in the CPDL (Central PA Diving League).



THE MEETS

Seasons consist of a "dual meet" schedule set by the corresponding leagues, as well as post-season championship meets (Divisionals, All Stars, Mid-Caps Championships, etc). There are also optional "league invitational" opportunities, as well as opportunities to register for US Swimming and Diving competition (separate registration required).

THE COACHES

ACWS has a highly respected and qualified team of assistants and head coach! Visit our website to learn more about the coaching staff!

Greg Bryant

ACWS Swim Team Head Coach

Brad Buchter

ACWS Diving Team Head Coach

THE POOL

The Sea Serpents "HOME" pool is the West Shore Natatorium, located at Red Land High School.

THE PRACTICES

Practice schedules are posted on the website and will be posted at the Natatorium.

The schedules may vary as coaches develop a training plan to meet the needs of our swimmers & divers throughout the season. Specialized sessions within existing time slots may occur.

THE FUN

ACWS is a family and fun oriented, but competitive aquatics program. There are lots of volunteers who help make the organization simply the BEST! You will find a fun and welcoming environment for everyone!

There is more than just swim meets and practices – there are lots of opportunities for fun and friendship!

**For more information
visit our website:
www.seaserpents.org**

Email: inforequest@seaserpents.org
QUESTIONS? Call **717-774-5133**